

## Newsletter

## Quashie School Project

January 2023



### \* SCHOOL HEALTH SERVICES \* DELIVERY SERVICES \* POST NATAL CARE ADOLESCENT HEALTH SERVICES Concern Help from the Wilde Ganzen Foundation In the Netherlands there once was en advertising slogan: 'The Wilde Ganzen (wild geese) are flying this week for .....'. I grew up with it but never thought they would one day fly for our foundation. To participate, our project had to meet a number of conditions. In a course of 4 meetings, small foundations were guided into submitting their project. On December 22, Wilde Ganzen sent the final email with the official commitment. They will contribute 50% of the entire cost. Great! In early January, the amount of € 5.975 will be transferred to Oyoko Health Centre's account.

#### annex, on the grounds of the Senior High School in Oyoko. This depends on the highly volatile exchange rate and whether or not prices have risen.

Yours Sincere

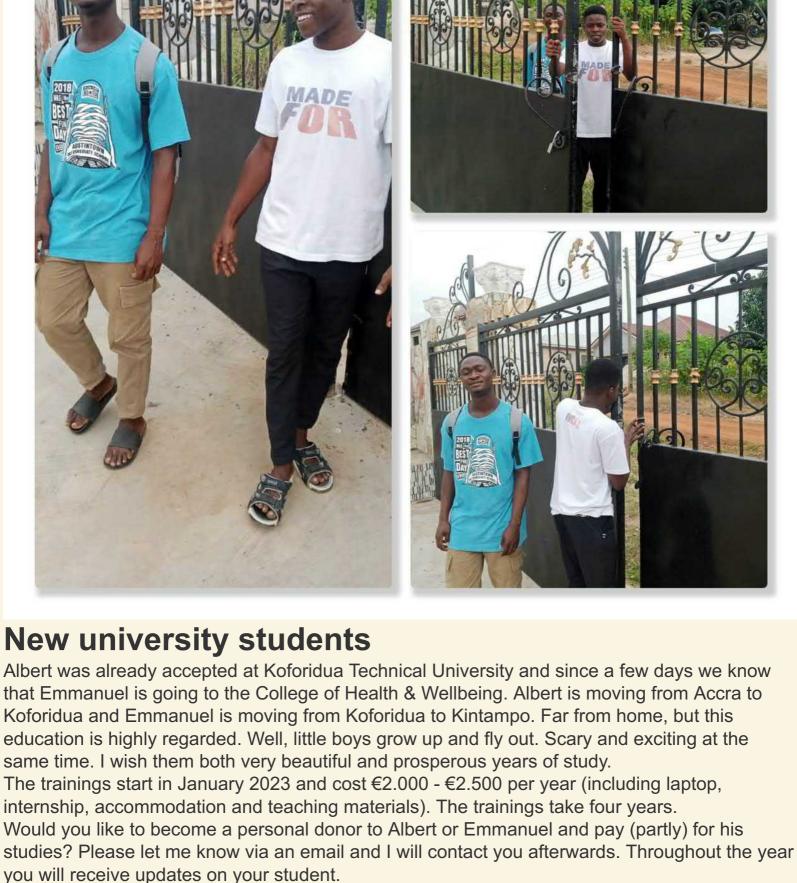
Head of Facility

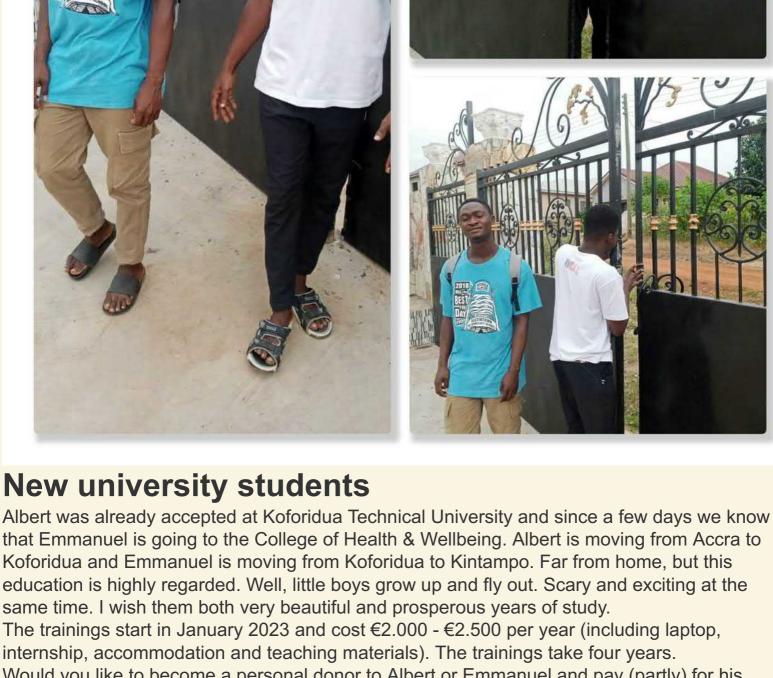
Akyampon-Sakyi Gyekye

Oyoko Health Centre

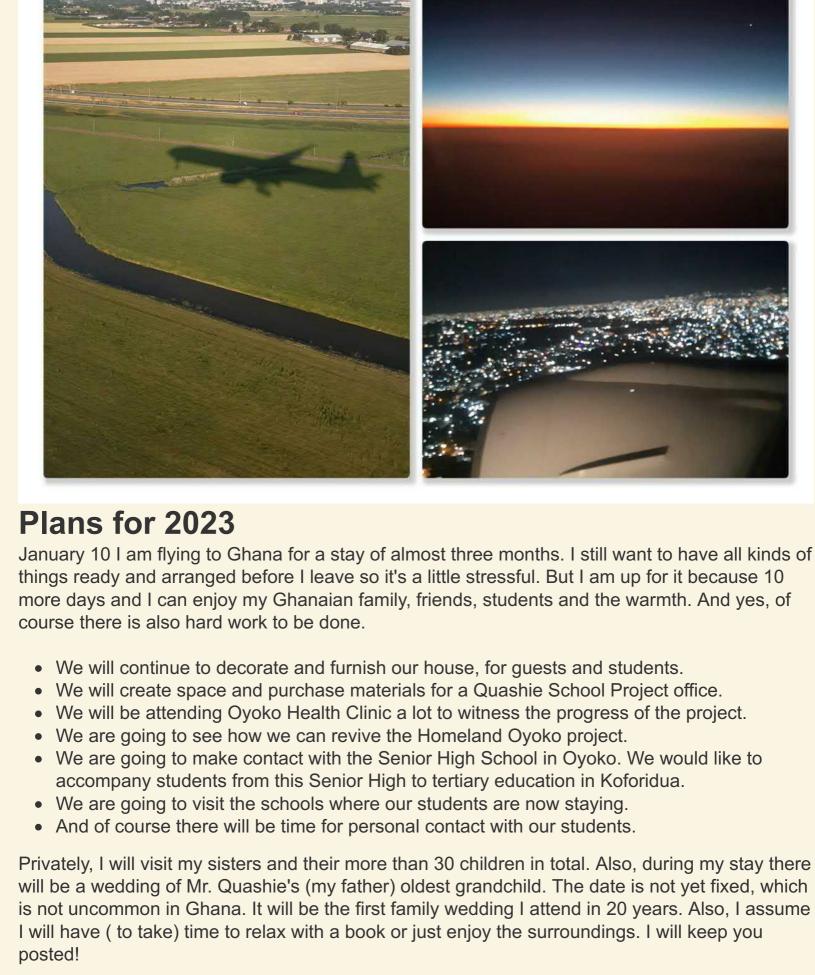
We are very happy that Oyoko Health Centre is giving our student Owusu the opportunity to help. Owusu is studying computer networking and communication, so this project is a great hands-on experience. They have already had a meeting explaining the IRED software system. In January 2023, I will be in Oyoko and I will be able to follow the course with my own eyes. The Health Center sends us a thank you note; Staff of Oyoko Health Centre are so grateful for your support. Thank you!

This will allow them to purchase software for a digital patient record and 6 desk tops so that all departments can access it. Fingers crossed, as I hope we can also give access to the clinic's









You can also give (smaller) contributions via the payment options under the button below

Financial contribution for tertiary education

# Groningse poffert from the cooking bag Cooking bag users Diny and Anita, let me know that cooking the Groningse poffert in the cooking bag goes perfectly. Diny let me know: I made a poffert in the "big hat", as I call it. I put the poffert in at 10:30 in the morning. In the afternoon I brought the water back to a boil and put the pan back in the cooking

bag until 7 in the evening. The result was good. I put the poffert in the oven for another 15

minutes for color. A beautiful poffert came out and it tasted delicious. It saves 2 hours of energy!

Anita sent me her recipe and let me know: Left it in the cooking bag for 3 hours. If it is still a bit wet you can heat it again after 2 hours and put it in the cooking bag for another couple of hours.

**Preparation** 

melted butter.

Sift the baking flour into a bowl. Add the milk little

by little. Then beat in the eggs. The batter should

be slightly thicker than pancake batter. Mix brown

sugar and mix raisins into the batter. Grease the

poffertpan with oil or butter. Pour batter into the poffertpan and seal. Put a large pan of water on

the stove and put the poffertpan in it (au bain

marie). Make sure the poffertpan is 80% under

water. Bring the water to a boil. Put a lid on the

cooked. Serve the poffert with brown sugar and

poffert for about 2-3 hours (or longer if it is not yet

pan and place it in the cooking bag. Cook the

#### Ingredients Poffertpan Large pan to cook poffert au bainmarie

100 gr dark brown (bastard) sugar

mandalakaarten ierraden en stoffen

- - Tunic or kaftan (B choice) €35 €10

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Quashie School Project

Hand woven baskets €45 €35 New cooking bag small €67 and large €77 some prints with €10 discount batik fabrics various coupons 10% discount

Ceramic statues €25/€45 €15

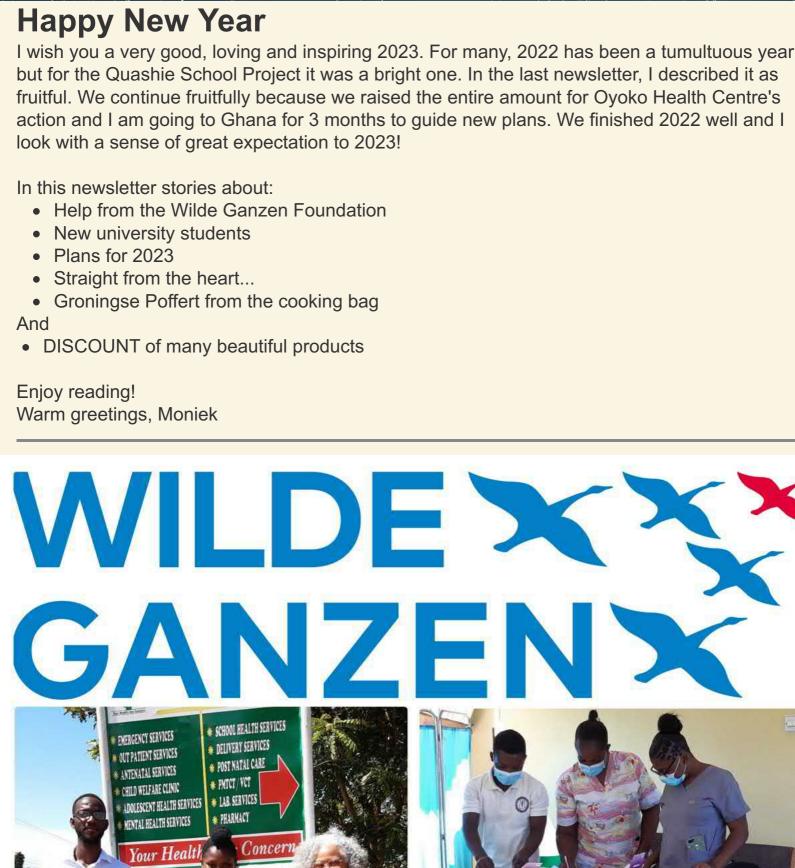
- necklaces and bracelets from €5 to €45 20% to 50% discount Check out our Facebookshop, send an email or call 0031 (0)6 2028 1979 and make an appointment to visit our store.
- \* shipping costs not included
  - Quashie School Project (NGO)

amount

Algemeen Nut Beogende Instelling







Straight from the heart... I am in the process of putting the finishing touches to this newsletter, when this message from Adwoa comes in via WhatsApp. I find it so sweet and I am happy to share it with you. Yesterday during our Sister-Teams meeting, Adwoa was at the hairdresser's, hence this photo. This is a picture I have taken today on the 1st of January. I'm sending it to you to show how much I love you. Greetings from Ghana to you and all the donators. We are who we are today, not only by our might but by your numerous help you offer to us. We pray for blessings to you all. May this year come with more blessings and happiness.

Loves, Adwoa

I am very happy with it.

500 gr self rising flour

100 gr raisins/currants

Oil or butter to grease

Butter for when ready

350 ml milk to 500 ml milk

Good luck!

3 eggs

Pinch of salt

Some water

Enjoy your meal Bolga manden **DISCOUNT** of many beautiful products Nice offers\* to make room for new stock! 6 mandala cards (instead of 4) €10

Flag garlands, 4 meters long €20 €15 Fabric panel to make a tunic or kaftan €30 €20







RSIN 860642008

ew cooking bags



.aposta